## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

# FORM 8-K CURRENT REPORT

Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 1, 2019

### RESHAPE LIFESCIENCES INC.

(Exact name of registrant as specified in its charter)

Delaware	1-33818	48-1293684
(State or other jurisdiction of incorporation)	(Commission File Number)	(I.R.S. Employer Identification No.)
1001 Calle Amano		
San Clemente, CA		92673
(Address of principal executive offices)		(Zip Code)
(Reg	(949) 429-6680 istrant's telephone number, including are	a code)
Not Applicable (Former name or former address, if changed since last report.)		
Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:		
☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) ☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))		
☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))		
Securities registered pursuant to Section 12	2(b) of the Act:	
Title of Class Common stock, \$0.01 par value p	Trading Symbol per share RSLS	Name of Exchange on which Registered OTCQB
Indicate by check mark whether the regis 1933 (§230.405 of this chapter) or Rule 1		defined in Rule 405 of the Securities Act of 934 (§240.12b-2 of this chapter).  Emerging growth company
If an emerging growth company, indicate for complying with any new or revised fit Act. $\square$		ed not to use the extended transition period resuant to Section 13(a) of the Exchange
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### Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers

Pursuant to a previously disclosed retention bonus agreement dated April 12, 2019, Scott P. Youngstrom, Senior Vice President, Finance and Chief Financial Officer of Reshape Lifesciences Inc. (the "Company"), provided the Company with notice of his resignation on August 1, 2019, effective October 1, 2019. The Company will pay Mr. Youngstrom the one-time retention bonus of \$90,000 and 100% of his maximum payout under the Company's management incentive plan for 2019 if he remains continuously and actively employed by the Company through October 1, 2019 and enters into a release agreement with the Company in a customary form.

### **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 6, 2019

### RESHAPE LIFESCIENCES INC.

By: /s/ Barton P. Bandy
Barton P. Bandy
President and Chief Executive Officer